

NEWSLETTER

INSIDE THIS ISSUE

**MCCA Board
President Report**
... pages 2-3

**The Cleveland Orchestra
Comes to Moreland Courts**
... pages 3-4

**MCCA Board Approves Revised
Leasing Policy and Procedure**
... page 5

Lettuce Pray
... pages 6-7

The Weapons of Golf
... page 7-9



photo by Rick Stiller

MCCA Board President Report

By Jeff Callahan

I want to begin my first Newsletter column as Moreland Courts Board President by introducing myself to those I have not met. My wife, Lynn, and I moved here a little over three years ago from coastal Connecticut, where we had lived for 45 years. Our son and his family have lived in Shaker Heights since 2010, and they are the reason we decided, like so many early settlers from New England, to move to Cleveland. After graduating from the US Naval Academy in 1965, I served on a variety of surface ships by which, as the recruiting posters used to say, I saw much of the world, or at least much of the world's oceans. After retiring from the Navy, I spent 20 years as the Director of Facilities and the Director of the Ocean Technology Center at the Graduate School of Oceanography of the University of Rhode Island. The last 10 years before moving to Cleveland, I was the elected part-time mayor (the actual title is warden) of a very small village in Connecticut with a population not much greater than Moreland Courts. In some ways, I feel as though I am still the mayor of a small village!



Jeff Callahan at the 2022 Fourth of July Parade in Stonington Borough, Connecticut

In my first Board meeting as president, I laid out five goals for the year:

1. Hire a permanent general manager.
2. Strengthen our in-house maintenance capabilities.
3. Ensure our security team is appropriately staffed and trained.
4. Improve electric power resilience.
5. Improve communications between residents, the Board, and Management.

I am pleased to report that progress has been made in all these areas. A refined job description for the General Manager position has been posted, and our search consultant is beginning to vet applicants. We recently hired an experienced maintenance technician. The security camera system has been upgraded with the addition of six new cameras and improved video capabilities. The interim General Manager has written a strong letter to the Illuminating Company CEO detailing the frequent outages we have experienced and demanding improved service. If we do not receive a satisfactory response, this letter will be followed by a formal complaint to the state Public Utilities Commission. With respect to communications, our interim General Manager, Mildred Brooks, has recently implemented bi-weekly open meetings to provide information and take feedback from our residents. I encourage you to attend these meetings. As the year goes on, I will continue to update you on further progress in each of these areas.

Continued from previous page

As summer begins its slide towards Labor Day, I want to remind everyone that there are still lots of warm weather activities left to enjoy, including the Moreland Courts annual picnic, which was held behind the West Tower on Monday August 17 starting at 5 pm. It was a great event and a good way to meet new people, including me.



The Cleveland Orchestra Comes to Moreland Courts

By Pat Brownell

Moreland Courts resident Jim Collins and friends enjoyed a violin duet in the Gallery on the afternoon of Wednesday, August 12. Cleveland Orchestra violinists Katherine Bormann and Emma Shook played a magnificent program of classical and popular music, including pieces with a Hungarian theme suggested by Jim's daughter, Marika Collins-Chhun.

Continued on next page

Continued from previous page

The program was organized by the Elara Hospice Caring, with Spiritual Care Coordinator Brian Bennetch giving introductions and special remarks. The Elara Caring hospice team, with Family Nurse Practitioner Megan Hudson, Home Health Aide Bailey Diebel, and Nurse Jessica Stavange were also in attendance, along with Jim's beloved home attendant caregiver from Judson Home Care, Shawn Jackson.

The Elara Caring Hospice Foundation provided a gorgeous sheet cake and sparkling water. The writing on the cake, from a quote by Spiritual Care Coordinator Brian, read, "Where Words Fail, Music Speaks." Jim is grateful to Paula Dumanski, Volunteer Coordinator at Elara Caring, for organizing this wonderful tribute.

Many thanks also to Larry McHugh, Rhea Elliot, and Natalia Barone, Moreland Courts administration, for the registrations and set-up, and resident Eric Schreiber, for the photographs included here.



MCCA Board Approves Revised Leasing Policy and Procedure

By Mildred Brooks, Interim General Manager and Jessica Schreiber, Chair, Rules Committee

The Moreland Courts Condominium Association (MCCA) Board of Directors approved a revised Leasing Policy and Procedure at its June 2026 meeting. The updated policy provides Unit Owners with a defined process for temporarily leasing their Unit when faced with a qualifying hardship.



Moreland Courts Remains Primarily Owner-Occupied

Moreland Courts is, and is intended to remain, primarily an **owner-occupied community**. The revised policy recognizes, however, that circumstances may arise when a Unit Owner experiences a hardship that makes a temporary lease necessary.

Under the revised policy, a Unit Owner may apply for a **one-time hardship lease for a period not to exceed 24 months**.

Requirements for a Hardship Lease

Unit Owners who wish to exercise the one-time hardship lease option must comply with all requirements outlined in the **MCCA Leasing Policy and Procedure**. These requirements include, but are not limited to the following:

- Using the standard **MCCA Lease Form**.
- Being current on all Association fees and assessments.
- Meeting all other requirements established in the Leasing Policy and Procedure.

The hardship lease provision is intended to provide flexibility to Unit Owners facing temporary circumstances while maintaining the owner-occupied character of the Moreland Courts community.

Extensions Beyond 24 Months

A hardship lease may not automatically continue beyond the initial 24-month period. Any request to extend a hardship lease beyond 24 months will require **Board approval** and will be subject to a financial review.

Providing Clarity and Consistency

The Rules Committee and the Board will continue to review Association policies when necessary to ensure they provide clear guidance and establish consistent procedures for the MCCA community.

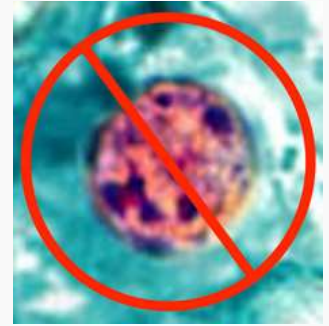
Adhering to the governing documents and established policies of MCCA is essential to maintaining an orderly community, reducing ambiguity, and promoting a peaceful living environment for all residents.

Unit Owners seeking additional information are encouraged to review the **Policy and Procedure for Hardship Leases**, which is available on the Moreland Courts Condominium Association website.

Lettuce Pray

By Eric Schreiber, MD and the Moreland Courts Medical Council

The parasite *Cyclospora* has become, shall we say, explosive. What is it, where did it come from, and what can we do about it? Before we attempt to answer these questions, let's try to put *Cyclospora* in its proper perspective. Lately, we have seen a surge of over 10,000 recent confirmed/suspected cases tied to produce. Yet, for one *Cyclospora* infection in the United States, there are roughly a hundred cases of food poisoning due to *Salmonella*.



Cyclospora (full name *Cyclospora cayetanensis*) is a microscopic parasite that causes cyclosporiasis. It is one of several single celled creatures under the category of Protozoa. There are other Protozoa, including *Giardia*, which causes giardiasis, and *Entamoeba*, which causes amebic dysentery.

Although protozoa have been around for hundreds of millions of years, *Cyclospora* as we know it is a relative newcomer on the evolutionary timeline. It only infects humans. Infected humans shed the immature parasite in their stool. It takes days to weeks for the parasite to mature outside the human body and become infectious. If the infected feces contaminate irrigation water used for leafy greens or other edibles, then there is the potential for humans to ingest the infectious parasite. The parasite infects the hosts, making them sick, and the *Cyclospora* life cycle has the opportunity to continue.

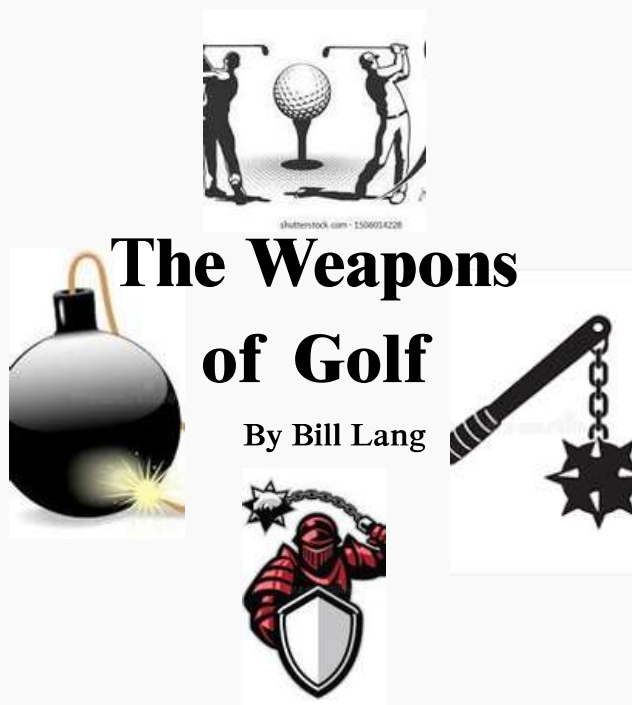
Untreated, the symptoms can last for weeks or even months and can recur. Bactrim and Septra are the same combination of two drugs (sulfamethoxazole and trimethoprim) under two different brand names. This combination medication is usually prescribed for bacterial infections, but it is also effective against *Cyclospora* and is usually recommended. Liver or kidney disease might modify the treatment. A history of skin rash associated with these, or related medications is usually an absolute contraindication to their use.

The current cyclosporiasis outbreak is the largest known in the United States and perhaps the world. In Michigan alone, there have been 12,218 reported cases, 193 hospitalizations, and two deaths as of July 30, 2026. The Toledo Lucas County Health Department has documented 3,148 cases in Northwest Ohio. More information can be found [here](#).

Tracking the disease and finding the source or sources has been made difficult due to multiple factors. The latency between eating contaminated food and the appearance of first symptoms can span several days or up to two weeks. If tested immediately (unlikely,) the results typically take 7 to 10 days for confirmation. Current reports on the CDC website state, "We estimate a 6-week reporting lag between illness and onset and case reporting to the CDC, ..." Complicating matters, most of the epidemiologists who have heretofore traced food-borne illness have been dismissed from their jobs at the CDC.

The Johns Hopkins School of Public Health published [this article](#) discussing recent dysfunction at the CDC due to defunding and dismissal of expert personnel. As a result, the investigation and regulatory systems have failed. Wired Magazine recently published an article entitled [The CDC Has A Cyclospora Lab. DOGE Downsized It Last Year](#). Welcome to the aftermath of DOGE.

So, what can we do? Iceberg lettuce seems to be the main culprit, but cilantro and some berries have also been identified as potentially contaminated. Avoid shredded iceberg lettuce especially. If you wish to consume a head of iceberg lettuce, peel off the outer leaves. Since heat kills *Cyclospora*, I have been peeling when possible, and dipping fruits and veggies into boiling water for several seconds. None of this is necessary for food that is going to be cooked. Of course, rinsing fruits and vegetables is always a good idea. However, the mature *Cyclospora* are robust, and resist being removed from the cracks and crevices on the surface of these edibles.



In the penultimate installment of my informative series, *Weapons of Golf*, I look at clubs known as putters. For some readers who may have no interest in the game of golf, you should understand it originated a long time ago and its equipment has evolved over the centuries. For a very long time, while scores were kept by individuals and tournament golf developed, golf was still a solo competition between the golfer and the golf course.

In more recent years, we have seen golf matches become adversarial skirmishes that are less than genteel. The Ryder Cup competition between a team of golfing thugs from the United States and a team of bloodthirsty players from Europe is but one example.

In this series, I have presented articles on clubs and golf balls, clothing and golf shoes. You have realized the improvements made in these “weapons of golf” were designed so as to attempt to aid the golfer in becoming a better player. That is not, disturbingly, the trend in the realm of the golf putter.

As you have learned already, about half of the strokes allotted for “par” on a golf course are putts. Consequently, the club used for putts, the putter, is a very important one. You will recall that in my award-winning series entitled *Great Amateurs of Golf*, I devoted an entire installment to the bigot Bobby Jones and his strange relationship with a putter he named “Calamity Jane,” an innocuous-looking club with which he often slept, taking him to great heights. Here is Mr. Jones looking lovingly upon, while fondling, Calamity Jane:





The *Wilson 8802* was a revolutionary putter, a club the legendary player, Ben Crenshaw, known for his excellent putting skill, used for most of his successful professional golf-playing career.

And innovative, golf club designer Karsten Ping re-invented the manner in which weight was distributed in putters with the hope that the less-than-ordinary amateur golfer could improve his play with technology when he introduced the *Ping Anser*. (The “w” was omitted so the name fit on the club, except he could have made the typeface smaller.)



Somebody had the bright idea that in order to put a “good roll” on the golf ball, striking it with a cylindrical putter would be advantageous over a flat surface. But, in my opinion, changes in the competitive nature of the game pointed to the real reason. Notice the shape. It is not-so-subtly reminiscent of a hammer.

Now, we get into the more sophisticated and threatening weapons that golfers, always prone to extreme anger aimed towards the fellow competitor, ostensibly use to improve their “skill.” The real reason for this evolution of the putter is not improvement of a golfer, but intimidation of a golfer’s fellow golf competitors.



The *T-Squared 1029 Mallet* is a hefty putter good for bludgeoning in the heat of passion.



The *VLS G-Track* putter ... well, I refuse to play with the golfer carrying one of these lethal machete-like instrumentalities in their bag.



Likewise, I steer clear of anyone holding one of the standard bearers in the line of deadly, impaling instruments, the *Odyssey White Hot XG-7* putter.



This evil-looking entry in the competition by Tour Edge is billed as being an effective tool for the usually decorous “lady” golfer.



A modestly priced entry in the killer putter pantheon is the *Lynx Predator*, a name that is a clue to the personality of the golfer ... and their intent.



But the *Performance Golf RS-1* is the ultimate decision maker, a multi-purpose device, both hefty and dual-pointed to inflict maximum damage on the golf course.



One must be extremely wary of imitators in the killer club derby -- less expensive, but equally effective for one-time use, *Wilson Staff's Buckingham Infinite*.

I leave you with only one bit of advice: Beware these Weapons of Golf!



Find out more [here](#)

Find out more [here](#)



THE MORELAND COURTS NEWSLETTER COMMITTEE

EDITOR

Eric Schreiber

COMMITTEE MEMBER

Fran Golden

COMMITTEE MEMBER

Pam Hamilton

COMMITTEE MEMBER

Chuck Scillia

COMMITTEE MEMBER

Jessica Schreiber

ADMINISTRATIVE

ASSISTANT

Natalia Barone

COMMITTEE MEMBER

Kathleen Hickman

COMMITTEE MEMBER

Patricia Murphy

COMMITTEE MEMBER

Jeanne Somers

COMMITTEE MEMBER

Rosalie Litt

ASSISTANT

FACILITIES MANAGER

Rhea Elliott

The Newsletter Committee takes responsibility
for the content of the newsletter.

Questions and comments can be addressed to
newsletter@ejschreiber.net