# M.C.C.A. NEWS

## **NEW ART IN THE WEST**

GALLERY
By:Kathleen Hickman



Paintings by Cleveland-area artist Bonnie Dolin are currently installed in the West Gallery and will be on view through May. Ms. Dolin is a graduate of the Cleveland Institute of Art and earned an MFA from Kent State University. She has won an Ohio Arts Council Individual Artists award and her work is in many private and public collections.

In her artist's statement she writes that she has painted in realistic styles city and country landscapes for years, but decided she wanted to try a different path. "I gradually realized that I wanted to break away from replicating reality and I wanted to be more creative with images and a language that I developed independently of actual facts. The pandemic also had an effect. As I live in Aurora and I'm surrounded by nature and as I stayed home a lot, I wanted to incorporate some of that in my new work. I still use still life and landscape in my work, but in a different way." For those wishing to contact the artist, her email is bonniedolin@aol.com. Moreland Courts' resident curator is Lee Heinen, who arranges and hangs the exhibits.

# Newsletter Highlights

New Art in the West Gallery

COVID 19: NEWS YOU CAN USE

A Message from the MCCA Board President

Tips to Recycle Better at Moreland Courts

A Message From the General Manager

In Memory of Samuel Nigro

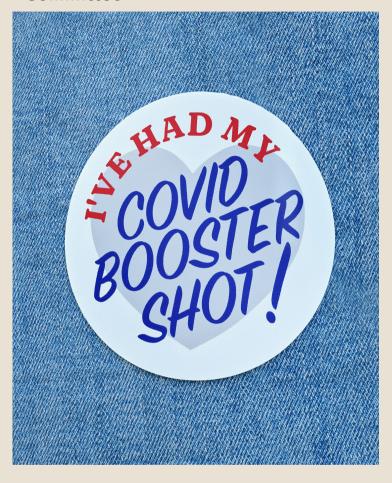
Mebby's Corner



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## **COVID: NEWS YOU CAN USE**

By Eric Schreiber, MD with assistance from the Medical Committee



This article is intended to provide information about the second booster dose, and about the antiviral drugs now being used to treat COVID.

Recently, the FDA approved a second booster dose for those individuals 50 years of age and older and the immunocompromised 12 and older (Pfizer), and 18 years and older (Moderna). A minimum of 4 months must have passed since the first booster to be eligible for the second booster. The CDC is recommending the second booster, particularly for those 65 and older, and those 50 and older who are immunocompromised. Studies show that the second booster does not prevent break-through infections but does limit the severity of disease compared to just one booster. A recent article in the New England Journal of Medicine detailing one of those studies can be found here. Less clear is the recommendation regarding the timing of a second booster after a recent break-through infection. After recent COVID, the CDC currently recommends waiting until symptoms resolve and isolation ends before getting a second booster.

Availability of antiviral drugs for COVID is increasing. The current commonly available drugs are Paxlovid by Pfizer, and molnupiravir by Merck. These are prescription drugs that should be started as soon as possible after onset of symptoms or a positive test. They are not prescribed more than five days after the onset of symptoms. Risks and interactions with other medications must be considered before prescribing, so your personal physician should do the prescribing whenever possible. The drugs have been proven effective in limiting the severity of COVID.

This just in: A district court judge in Florida lacking a public health background has overturned nationwide the CDC travel mask mandate. Extensive information on the related public health and epidemiology issues can be found <a href="here.">here.</a>

## MESSAGE FROM BOARD PRESIDENT JOHN BEEKER

The board held its monthly meeting on Tuesday April 26. In addition to hearing a number of status reports on operations and committee activities, the board approved an update to its procurement policy to align it to its oversight role of procurement responsibilities that have been delegated to the general manager.

As this was my last board meeting as president, I want to thank the association for the opportunity to serve for six years on the board including this last year as board president.

A hallmark of Moreland Courts has been broad participation by our unit owners in committee activities. I view this as a strength of the association that should be encouraged. If you have a particular interest and background in the subject area of one of our committees, we welcome your participation. Please speak to any board member, committee chair or Paul Stroud if you have an interest.

During my tenure as board president a major goal has been to strengthen the governance capacity of both this volunteer board and the senior management. A lot of what has been accomplished is "behind the scenes" board work. We undertook steps to strengthen deliberations within the board and align those deliberations with its ongoing oversight responsibilities. We worked to improve communications between board, staff and residents, and with senior management to train and build a more empowered body of employees. And we reviewed longstanding policies related to procurement and oversight of the reserve study, and enabled greater use of technical means of convening meetings of the association

I want to acknowledge the board members who have served with me this past year and express my thanks for their hard work and commitment to the association: Vice President Archie Green, Treasurer Jim Collins, Secretary Jessica Schreiber, Benoy Joseph, Kathleen Hickman and Chris Malstead.

# New Faces of **MCCA**



Sirin Broadus is the newest member of our maintenance team.

#### THE MORELAND COURTS NEWSLETTER COMMITTEE

Eric Schreiber Editor Kathleen Hickman Board liaison David Beach Fran Golden Pam Hamilton Rosalie Litt Jeanne Sommers Tiara Smith Administrative

Committee member Committee member Committee member

Committee member Committee member

Assistant

The Newsletter Committee takes responsibility for the content of the newsletter. Questions and comments can be addressed to editor@morelandcourts.com

# Attention: 2021-22 COYO SEASON COYO SPRING CONCERT May 8, 2022 Tickets Available Cleveland Orchestra Youth Orchestra Vinay Parameswaran, conductor Mandel Concert Hall

Taylor Sobol (son of Jackie Taylor & Stephen Sobol, Building 12) will be performing as a member of the Cleveland Orchestra Youth Orchestra at Severance Music Center. The spring concert will take place on Sunday, May 8th (Mother's Day) at 7pm

Jack, Joseph, and Morton M



Looking for a few Secret Gardeners.

Moreland Courts residents eager to do a little watering and occasional light weeding on a regular schedule are needed to turn the Secret Garden (west of Building 12) into a warm weather oasis. Express your interest and reserve a day of the week for garden duties by contacting Kathleen Hickman

(<khickman33@gmail.com>). Now blooming: serviceberry, columbines and daffodils. Coming soon: azaleas and bleeding hearts.

# TIPS TO RECYCLE BETTER AT MORELAND COURTS

David Beach

The households of Moreland Courts generate 18 dumpster loads of solid waste in a typical week. Six of the 18 dumpsters are filled with recyclables, which means we Recycle about one-third of our non-organic waste. That is a high rate for Cuyahoga County and an indication of how much Moreland Courts' residents care about environmental protection.

Our recycling helps conserve natural resources and supplies raw materials to Ohio industries. Recycling also helps Moreland Courts' budget. We pay about \$17,000 a year for trash and recycling services. Since hauling a dumpster of recyclables costs us about half as much as hauling a dumpster of trash, we save money with every recyclable item we divert from the trash waste stream.

Included in this newsletter is an information page from Kimble, the waste hauler that processes our recyclables. It lists what items currently are — or are not — recyclable. Recycling markets have changed a lot in recent years, so please take a look at the list to confirm that you are recycling the right items.

Especially note that only a couple of types of plastic are being accepted — only plastic bottles and jugs (typically those with threaded tops that are smaller in diameter than the body of the containers). That means plastic clamshell containers (such as for fruit), yogurt containers, take-out food packaging, and Styrofoam® products will NOT be accepted. A lot of these unwanted plastics can be found in our recycling dumpsters today.

Another issue with our current recycling effort is that many people bag their recyclables in plastic bags. The plastic bags are not recyclable, and they can cause problems at recycling facilities by getting tangled in the sorting machinery. So, it is better to place your recyclables in paper bags or cardboard boxes. To make such containers easier for our staff to carry without spilling or breaking, please do not overload them, and make sure all your recyclables are clean and dry.

Finally, keep in mind that, while recycling is a good thing to do, it is not the ultimate solution to the large amount of waste we generate as American consumers. With the exception of metals, most materials can be recycled only a limited number of times. Even then they usually have to be downcycled (made into lower quality products).

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In addition to Recycle, better solutions are the other four Rs:

- Advocate Redesign by companies of their products and packaging to eliminate waste.
- Reduce the amount of things you buy that will have to be thrown away
- ·Reuse and
- ·Repair things to extend their lives as long as possible.

## For more information

- •Kimble recycling: https://www.kimblecompanies.com/what-we-recycle
- Cuyahoga County Solid Waste District: https://cuyahogarecycles.org/



#### CONTACT US WITH QUESTIONS

www.kimblecompanies.com | LIVE CHAT AVAILABLE! 1-800-201-0005 | P.O Box 448 Dover, Ohio 44622

## PAPER & NEWSPAPER

Paper should be clean and dry. Please no glossy paper or foil wrapping paper. Paper should not be stained by waste. Magazines, mail, newspapers and copier paper are accepted.



Cardboard must be clean and dry. It should be flattened and be emptied of any packing materials. No food contamination such as grease on pizza boxes.



Only metal or aluminum food and drink cans are accepted. They should be empty, clean and dry before being placed loosely in the recycling cart. No other metal items are accepted.



All glass bottles should be empty, clean and dry before being placed loosely in the recycling cart. Please no glassware, mirrors, window panes or light bulbs.

## PLASTICS JUGS & BOTTLES

Only clean and empty plastic bottles and jugs are accepted. Please do not crush the bottles and keep lids on. No other plastic items are accepted - even if they have a recycle logo.















## NOT ACCEPTED

- WOOD
- PAINT CANS
- ANTI-FREEZE
- WAX CARTONS
- BATTERIES
- LIGHT BULBS
- MOTOR OIL CONTAINERS
- HOSES

- WIRE HANGERS
- PLASTIC BAGS
- STYROFOAM
- PLASTIC UTENSILS
- PLASTIC FURNITURE
- **CHRISTMAS LIGHTS** YARD WASTE





FOOD OR LIQUIDS











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# A Message from The General Manager

Progress with continued improvements with Capital projects will once again be in store for Moreland Courts as we approach the summer construction season. As is and will forever be the case, there will be significant amounts of masonry repair and maintenance conducted this year. Most of this will not necessarily be visible to unit owners, but the continued progress to stabilize and restore the backline wall will continue. This work will focus on the top of the wall as the first priority, and that work is not expected to impact gardening along the wall as the work will be done from scaffolds above the planting areas. Scaffolding will be mobile and removed from the wall area each evening.

In the Courts Buildings an ADA ramp will be installed in the rear of Building 13609. This ramp will be the second one installed with others planned to follow in coming years. Also, the back halls are receiving a face lift that will greatly improve their appearance. New paint, and a refinished floor with better lighting are the main components of this effort. Paint, repairs to walls, and refinishing the floors will also be conducted in the Studio Building.

Also, in the Studio Building the front entry door and jamb assembly is scheduled for full restoration. Inside the entry, the marble step with a broken bullnose will be replaced. Six laundry rooms in the Tudors and Gallery buildings will also be renovated as we continue the campaign to upgrade all the laundries. After this year all the back halls will have been addressed, and we anticipate being able to complete all of the laundry rooms in 2023 using available funding through the Operating Budget.

The West Garage will have a major repair to the main entrance to the Garage involving repairs to interior steel over the main overhead door, and then re-installing any removed brick and tuck pointing the entire area of the door. This repair is not related to any structural damage, but additional delay might have enabled structural damage to occur.

Renovation of the Board Room and Security office have been completed this year, and the addition of an employee break room has also been completed. The employee break room is located in the back hall area of Building Nine.

Improvements to landscaping, exterior lighting, and some improvements yet to be determined will also occur this year. We will provide regular updates through this newsletter about these and other developments as the year progresses.

Finally, Governance at Moreland Courts relies on active unit owner participation. A specific need is additional members to the Association Budget and Finance Committee, chaired by Jim Collins. If you're interested please feel free to reach out to Jim, or me.

Paul Stroud



## In Memoriam

Samuel Angelo Nigro M.D.

Age 85. Resident of Moreland Courts. Husband of 59 years to Suzanne Nigro. Sam worked in child psychiatry at University Hospitals and St. Vincent Charity Hospital, retiring in 2011. He received his medical training at St. Louis University School of Medicine, and served as a medical officer on the first nuclear submarine, the USS George Washington.

Join us for the Treemendous
Centennial Celebration of Moreland
Courts!

On Saturday June 25, 2022 we will launch the official celebration of the hundredth anniversary with a gala dinner exclusively for Moreland Courts Residents and their guests.

It will be a glorious evening starting with cocktails in the gardens behind the East Tower, followed by a seated dinner in the transformed East Garage (for just that evening). Caterer will be Zach Bruell Events. After dinner, there will be a jazzy musical performance evocative of the late 1920's when construction of our buildings commenced.

Currently, 120 residents have registered for the dinner. Our capacity for the evening is 175 people. If you have not already done so, please call (216)751-1100 and ask for Tiara or email her at tsmith@morelandcourts.com to reserve space for you and your guests. To defray the expense of this event, the cost for attendance by Moreland Courts residents will be \$125, and the cost for non-resident guests will be \$150.

Our celebrations do not end in June. Please watch for more information for a special late-summer picnic (August date TBD) and a festive holiday party to cap the end of our anniversary year.

In keeping with our Treemendous theme, many residents have funded the planting of trees around the property (for \$360 per tree, which includes a commemorative plaque). Please let Tiara know if you would like to contribute to that effort as well.

We cannot wait to celebrate with you the grand history and exciting future of our Moreland Courts community.

